



St. Catharines Golf and Country Club

League Descriptions 2019-20



Date/Times & Skill	Evening League Descriptions
Monday Night 6:05p & 8:35p Beginner to Intermediate	<p>Monday Night is an 'Open' (bring your own team) league. Teams vary in skill level and will be put together at the first of each session. New teams and individuals are welcome. This league will be divided into two separate sessions with the possibility of an 8:35p draw. League Coordinator:</p>
Tuesday Night 6:05p & 8:35p Intermediate to Expert	<p>Tuesday Night Open is a competitive league 'open' to men & women. Usually Skips will submit their own teams however, individual signups are welcome and the League Coordinator will place you on a suitable teams based on several factors. New players are welcome and should contact the league coordinators to find a team placement. The teams range in skill level and use a full round robin to rank teams for the playoffs. Competitive youth teams will be accepted. Participating teams will be scheduled for both the 6:05pm draw or the 8:35pm draw. Alternatively, teams can request all 8:35pm draws, subject to League Coordinators approval. League Coordinator: Mr. Cody Palmer-Almond codypa87@cogeco.ca</p>
Wednesday Night 7:00p Beginner to Intermediate	<p>Wednesday Night Open is a league where men, ladies, couples, or individuals of all skill levels can enjoy a night out in the middle of the week. Teams will play an 8-end game. This league will play a full round robin early in the season, then continue with the seeding round robin process for the playoffs. League Coordinator: Mr. Tim O'Connell imperialipa27@gmail.com</p>
Thursday Night 6:05p & 8:35p Intermediate to Expert	<p>Thursday Night Men's is a competitive league that determines who will become the Club Champions. Players range in skill level from intermediate to advance. New players are encouraged to "get a foot in the door" by sparing. Teams play a full season round robin format to seed and rank for the playoffs. League Coordinator: Mr. Jamie Pearson jrpearson85@gmail.com</p>
Friday Night 5:15p & 7:00p Beginner to Advanced	<p>Friday Night Mixed Doubles - Did you watch mixed doubles during the Olympic curling telecasts? Were you intrigued but a little puzzled by the game? Mixed doubles consists of one male and one female player. The game plays quickly because each team throws only five rocks. It's new, it's different, and it's fast and fun. New format for 2019-20 season, two distinct divisions, Beginners & Advanced and two separate sessions. Try the latest craze in the curling world - - get a partner or play as a couple and try the new Mixed Doubles curling game at the Club on Friday nights. League Coordinator: Mr. Doug Geddie doug@geddie.ca</p>



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<p>Select Sunday Mornings 10:30a – 12:30p New Curlers</p>	<p>Our Learn to Curl program is a 12 week, Instructor Lead program Initiated by Curling Canada and geared towards adults new to the sport or re-entering the sport after a prolonged absence. Participants receive weekly instruction from our enthusiastic, friendly, qualified & trained instructors about the delivery, sweeping, etiquette, and strategy. By the end of the program, our new curling members have acquired the necessary skills to progress into our experienced club leagues. Upon graduation, new curlers will be exposed to the wonderful camaraderie, physical activity, and competition that this sport has to offer while fostering an accepting club-wide environment where all individuals are welcomed. Club Head Instructor:</p>
<p>Select Sunday Afternoons 1:00p – 2:30p Beginner</p>	<p>The Junior & Little Rock 12 week program consist of young male and female players aged six to seventeen. Qualified instructor(s) will teach the basics of curling with emphasis on having fun. Club Head Instructor:</p>
<p>Monday Afternoon 1:15p Beginner to Advanced</p>	<p>The Monday Day is an ‘open’ league geared towards offering both male and female members an additional daytime curling option. Skips submit their own teams however, individual signups are welcome and the League Coordinator will attempt to place individuals on a suitable team. Teams vary in skill level. New teams and individuals are welcome. League Coordinator: Mr. Greg Grant gregorogrant@gmail.com</p>
<p>Tuesday Morning 9:30a Beginner to Intermediate</p>	<p>The Tuesday Day Ladies is open to women and especially new players with an emphasis on social curling. Players vary in skill level and new teams are formed each of the three draws. New individuals are welcome. League Coordinator: Ms. Joan Wright joan.wright@sympatico.ca</p>
<p>Wednesday Afternoon 1:15p Beginner to Intermediate</p>	<p>Wednesday Afternoon is a semi-competitive league open to any adult available to curl on Wednesday afternoons. New teams are selected each draw. Players vary in skill level. New male & female curlers are welcome to join. League Coordinator: Ms. Cynthia Paul cynthia011@sympatico.ca</p>
<p>Friday Morning 8:00a & 11:00a Beginner to Intermediate</p>	<p>The Niagara District Roving Seniors is a 50+ Men’s league comprised of members from St. Catharines Curling Centre, Welland Curling Club, Niagara Falls Curling Club and the St. Catharines Golf & Country Club. Each of the four clubs hosts a friendly Friday morning double draw to start their day. A nominal ice rental fee of \$6.00 will be collected by the host each week. Pay as you play. League Coordinator: Larry Hevenor larry.hevenor@cogeco.ca</p>